

## Albany Fitwalkers' 2023 Walks

### March

1. Witham Hills, Corvallis	W	Tuesday, March 14	10:00 am
2. Abby walk, Mt. Angel	YRE	Tuesday, March 21	10:00 am
3. Covered Bridge, Sweet Home	TGW	Tuesday, March 28	10:00 am

### April

1. Peavy Arboretum, Corvallis	YRE	Tuesday, April 4	10:00 am
2. N.E.	YRE	Tuesday, April 11	10:00 am
3. <b>Nancy's Soup Walk</b>	<b>Traditional</b>	<b>Saturday, April 15</b>	<b>9am – 1pm</b>
4. Eugene, Hendricks Park	YRE	Tuesday, April 18	10:00 am
5. Carousel, Albany	W	Sunday, April 23	1:00 pm
6. Stayton walk	YRE	Tuesday, April 25	10:00 am

### May

1. Brownsville	YRE	Tuesday, May 2	9:00 am
2. <b>Sisters</b>	<b>YRE/OSB</b>	Tuesday, May 9	<b>11:30 am</b>
3. Two Rivers, Albany		Tuesday, May 16	9:00 am
4. Thompsons Mill, Shed OR	TGW	Tuesday, May 30	9:00 am

### June

1. Alsea Falls	TGW	Tuesday, June 6	10:00 am
2. Cottage Grove	TGW	Tuesday, June 13	10:00 am
3. McDowell Creek	TGW	Tuesday, June 20	9:30 am
4. Talking Waters, Summer version	YRE	Sunday, June 25	1:00 pm
5. Newport, Agate Beach	SYRE	Tuesday, June 27	10:30 am

### July

1. South Albany	YRE	Tuesday, July 4	9:00 am
2. Newport, Nature	YRE	Tuesday, July 11	9:30 am
3. Cape Perpetua (S. Waldport)	TGW	Tuesday, July 18	11:00 am
4. <b>Cape Meares, N.</b>	<b>TGW</b>	<b>Friday, July 21</b>	<b>11:00 am</b>
5. <b>Ecola State Park N. Coast</b>	<b>TGW</b>	<b>Saturday, July 22</b>	<b>11:00 am</b>
6. Depoe Bay	YRE	Tuesday, July 25	10:30 am
7. <b>Shotgun Creek</b>	<b>Traditional</b>	<b>Saturday, July 29</b>	<b>9am – 1pm</b>

### August

1. Mary's Peak	W	Tuesday, August 1	9:00 am
2. Clear Lake & picnic	TGW	Tuesday, August 15	10:00 am
3. Silver Creek Falls	YRE	Tuesday, August 22	9:00 am
4. Corvallis, Bald Hill	TGW	Tuesday, August 29	9:00 am

### September

1. Rosary Lakes PCT	YRE Seasonal	Tuesday, Sept. 5	11:00 am
2. Philomath, City Parks	TGW	Tuesday, Sept. 12	9:00 am
3. Crystal Lake, Corvallis	TGW	Tuesday, Sept. 19	9:00 am
4. Avery Park, Corvallis	TGW	Tuesday, Sept. 26	9:00 am

### October

1. Yachats, Halloween walk	Traditional	Saturday, Oct. 28	9am – 1pm
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***NOTE: Start times vary to achieve optimal attendance. Carpooling to distant walks is encouraged. Reminder emails will be sent out prior to all events. Check our Fitwalkers' website calendar, or Meetup to verify times, or for possible cancellations or start point changes. For questions, call or text Don Reed at 541-974-5780, or email donreed1946@yahoo.com. This list does not include events held by other clubs in this region. Please consult individual club websites on the AVA.org website, for all walks, or on albanyfitwalkers.org. Some walks that are non-sanctioned will not be listed on any website.***



ALBANY  
**FITWALKERS**

Volkssports Club NW 474  
Albany, Oregon  
[www.albanyfitwalkers.org](http://www.albanyfitwalkers.org)

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